



Phone Orders:
7123 2756

FOOD MENU

All our food is toasted

TOASTIES

Ham & cheese sandwich	6.50
Cheese & tomato sandwich	6.50
Ham, Cheese & tomato sandwich	7.50

CROISSANTS

Ham & Cheese Croissant <small>Add Tomato +1.00</small>	9.00
Cheese & Tomato croissant	9.00
Belgian Chocolate Croissant	9.00
<small>Melted Belgian Chocolate</small>	

POCKETS

BEC Pocket	9.00
<small>Bacon, egg & cheese</small>	
Casamiento Pocket	8.00
<small>Mix of beans & rice with cheese & aioli</small>	
Big Caesar Pocket	15.00
<small>Bacon, chicken schnitzel, cheese, Rocket & spinach drizzled with A choice of caesar sauce, mayo or chipotle</small>	

TURKISH ROLLS

Halloumi Roll	11.00
<small>Halloumi, tomato, rocket, spinach & relish</small>	
Chicken Roll	11.00
<small>Chicken schnitzel, cheese, tomato, rocket & spinach, drizzled with a choice of caesar sauce, mayo or chipotle</small>	

Please see our cake display for availability .

TORTILLAS

CASAMIENTO (VEGETARIAN) 15.00

A mix of beans and rice cooked with salsa, topped with cheese wrapped in a tortilla and toasted.

Served with chipotle or garlic aioli

VEGAN CASAMIENTO 15.00

A mix of beans and rice cooked with salsa, topped with bio cheese in a tortilla, toasted.

Served with vegan chipotle or vegan mayo.

SWEETS

We have an assortment of muffins, cakes and tarts.

Please see our cake display for options.

If you have any allergies

please let our staff know

Follow us 😊



@tengoau

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www.tengo.com.au